



OCA Takes Legal Action Against Foster Farms

Organic Consumers Association Takes Legal Action Against Foster Farms

By Alexis Baden-Mayer, Political Director at OCA:

Organic Consumers Association and Richman Law & Policy filed a complaint against Foster Farms on April 10, 2024, in the District of Columbia Superior Court. The complaint alleges that Foster Farms, in violation of the District of Columbia Consumer Protection Procedures Act, deceptively markets its chicken products with claims concerning animal welfare... Multiple undercover investigations have revealed that the indoor space Foster Farms allocates to the chickens under its care is minimal—less than one square foot per bird, or, about the size of a sheet of standard printer paper—which does not give its chickens room to express their natural behaviors. And, in addition to this extreme confinement, Foster Farms facilities do not provide sufficient the outdoor access or indoor enrichments necessary for their chickens to forage, nest, peck or perch.

Read more: <https://orgcns.org/49HHDGO>

The Bird Flu Food Crisis

By Alexis Baden-Mayer, Political Director at OCA:

Fill your freezer with regenerative organic meat. Buy eggs and milk, and get backyard chickens, while you can, because the bird flu food crisis has already begun.

Dairy herds in eight U.S. states have tested positive for the bird flu. And, now 17 states are rejecting cattle from those states.

Blocking cattle from being moved across state lines means preventing cattle from being slaughtered.

Nebraska is the number-one state for beef slaughter. It processes 7.5 million carcasses each year. It's also a top feedlot producer, with 1.8 million cows raised in the state. But that means 5.7 million cattle come from other states into Nebraska to be slaughtered each year. Where do they go if Nebraska won't take them?

Read more: <https://orgcns.org/3W5XETU>

Toxins Found in General Mills 'Loaded' Cereal

Dr. Joseph Mercola writes:

"* On February 1, 2024, General Mills launched "LOADED," a new cereal line with enlarged squares of popular cereals filled with artificially flavored vanilla creme, but tests reveal alarming levels of heavy metals in Trix LOADED.

* Trix LOADED contains more than double the EPA's allowable level for lead, 400% higher levels of cadmium, and up to 1,650% higher aluminum levels than EPA standards for drinking water.

* The European Food Safety Authority's weekly aluminum intake limit is nearly reached by daily consumption of Trix LOADED, not accounting for other aluminum exposure sources. Glyphosate and eight pesticides were also detected."

Read more: <https://orgcns.org/4aVrHSs>

Regenerating the Earth, Regenerating Our Health

A Call for Biodiversity! The health of the planet and the health of the people are One, maintained through the cycle of food, the cycle of life, the cycle of regeneration. We are part of nature and of its complex living processes. The earth, food and our bodies are interconnected living systems.

Food is Medicine when it is part of the flow of life, from soil, to plants, to our gut . Biodiversity is food, biodiversity is health. Biodiversity grows biodiversity.

At the heart of an ecological future is a sustained continuum between eating and growing. When this delicate equilibrium is disrupted, the repercussions reverberate across all aspects of life.

Industrial food produced using fossil fuels and fossil chemicals is driving the biodiversity on the land and in our gut to extinction, diminishing our cultural and food diversity, creating hunger and chronic diseases.

Read more: <https://orgcns.org/441IxOy>

Consumers Back Worldwide Single-Use Plastics Ban in New Survey

Packaging Europe writes:

"Over 430 million tonnes of virgin plastic are said to be produced every year. 60% of this figure is single-use, yet only 9% of that plastic is thought to be recycled worldwide. Now that such plastics are thought to constitute more than 70% of plastic pollution in the ocean, consumers are pushing for such plastics to be banned worldwide...Another survey from Greenpeace has shed light on similar support for the eradication of single-use plastics. 82% of the consumers it surveyed, and 87% of those questioned by Ipsos, argue that the Treaty should 'provide a clear pathway' in the effort to drive down plastic production worldwide.

'Now is the time for a legally binding treaty that delivers both what the people want, and what the planet desperately needs.'"

Read more: <https://orgcns.org/44aDw5e>

Most Effective and Safest Sunscreens

Environmental Working Group writes:

"EWG published its first Guide to Sunscreens in 2007 to provide consumers with information about their sun protection products when the Food and Drug Administration failed to set modern safety standards for sunscreens. We created the guide so consumers wouldn't have to sort through misleading market claims and complex ingredient lists to find products that provide the best protection and are free of concerning ingredients.

...EWG continues to voice our concerns to the FDA and push the agency to set standards that address these deficiencies. In the meantime, EWG's Guide to Sunscreens aims to help consumers make informed choices and avoid sun damage and cancer."

Read more: <https://www.ewg.org/sunscreen/>

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