



## **Don't Give Up Control Over Public Health to the WHO!**

### **Tell Your State Legislators: Don't Give Up Control Over Public Health to the World Health Organization**

By Alexis Baden-Mayer, Political Director at OCA:

Who should decide when there's a pandemic and what to do about it? That's what's at stake as the World Health Organization debates amendments to the International Health Regulations and considers a new pandemic treaty.

Currently, national governments have sovereignty over these decisions, and while they may look to the World Health Organization for guidance, ultimately, they must answer to the people of their countries and they can be held accountable under their countries' legal frameworks.

The new agreements countries are considering at the World Health Organization is an attempt to subordinate nation states to an unelected, undemocratic, unaccountable international authority.

**TAKE ACTION:** Tell your state legislators to stop the World Health Organization's power grab! <https://orgcns.org/4aKMmZo>

### **Grocery & Produce Brand Policies on Apeel**

My Health Forward reports:

"The following list accurately reflects the disclosures and policies of growers and grocery retailers on selling produce treated with Apeel's Edipeel (used on conventional produce) and Organipeel (used on organic produce) food coatings. To date, Apeel's coatings have only been commercially applied on apples, cucumbers, avocados, asparagus, limes, lemons, grapefruits, mandarins, mangoes, and oranges. The coating is odorless, tasteless, and clear, so there is no way to tell when it is used. The vast majority of grocery store produce is not treated with Apeel. To remove as much Apeel as possible, use vinegar or baking soda (not both) and a produce brush or cotton/hemp towel to scrub the produce."

Read more: <https://orgcns.org/4baeju1>

### **EPA's New Rules Require Utilities To Reduce Toxic Chemicals in Drinking Water**

Michael Phillis reports for Associated Press:

"The Biden administration on Wednesday finalized strict limits on certain so-called 'forever chemicals' in drinking water that will require utilities to reduce them to the lowest level they can be reliably measured. Officials say this will reduce exposure for 100 million people and help prevent thousands of illnesses, including cancers.

The rule is the first national drinking water limit on toxic PFAS, or perfluoroalkyl and polyfluoroalkyl substances, which are widespread and long lasting in the environment. Health advocates praised the Environmental Protection Agency for not backing away from tough limits the agency proposed last year. But water utilities took issue with the rule, saying treatment systems are expensive to install and that customers will end up paying more for water.

Read more: <https://orgcns.org/3Jv5mQ8>

### **Cut Down on Plastic in the Kitchen: 30+ DIY Condiments to Stop Buying**

Kris Bordessa writes for Sustainable Attainable:

"Why Switch to Homemade Condiments?"

Less packaging

Avoid unpronounceable ingredients and GMOs

Tastes better

You're not at the mercy of big food producers. Run out of mayo?

Simple enough to whip up a quick batch!

You can choose ingredients you love.

Below you'll find a collection of some of the homemade condiments we love, along with links to even more great recipes."

Read more: <https://orgcns.org/49QG9tU>

### **Our Forgotten Sacred Relationship with Food**

Kaare Melby, OCA's Organizing Coordinator, writes:

Over the past several decades, Americans have begun to realize that our food is making us sick. In a quest to understand why, we discovered that our food is filled with synthetic chemicals, preservatives, highly processed ingredients, and now even ingredients derived from synthetic biology! As a part of that realization, people began to notice that there were a few common commodity foods that seem to define junk food.

As the food movement grew, people also began to find that the commodity ingredients in junk food were produced using chemical-intensive industrial agriculture. And, as if that was not enough, these same commodity ingredients are the most common GMOs, making them even more toxic, and making the need to avoid them even greater...I'd like to propose an alternative perspective: it's not the plants and animals that are bad for us, it's that we have lost the traditions and agreements that built our mutually-beneficial relationships with these plants and animals."

Read more: <https://orgcns.org/3MXsGqT>

### **Every Light Impacts the Night**

DarkSky writes:

"This international Dark Sky Week you can celebrate the night by doing your part to protect it.

Too often, outdoor electric lighting installations at night are over lit, left on when not needed, and harmful to the environment. As a result, light pollution is a growing global issue that can negatively affect our environment and impact our quality of life. DarkSky and the Illuminating Engineering Society jointly published the Five Principles for Responsible Outdoor Lighting to prevent and reduce light pollution through the proper application of quality outdoor electric lighting."

Read more: <https://orgcns.org/49Nb7Di>

• **SUBSCRIBE:** <https://orgcns.org/SUBSCRIBE> • **DONATE:** <https://orgcns.org/DONATE> •

Condensed version • Read the full version online: <https://orgcns.org/OB846> • Read more issues: <http://orgcns.org/bytes>