



Hold Big Meat Responsible for Damaging Our Health and Planet

Stop Factory Farming! More 100% Grassfed Meat!

Life would be a lot better if we had more grassfed meat. This is the meat people want to eat. Sixty-two percent of Americans say they would prefer to eat grassfed meat.

But it's not the meat U.S. farm policy is delivering to consumers.

The Farm Bill subsidizes corn-fed factory farms and does little to support ranchers and farmers who graze their animals from start to finish.

The biggest obstacle to farmers and ranchers raising 100 percent grassfed beef is the processing bottleneck caused by the stranglehold the big-four meatpackers have over the industry.

Read more: <https://orgcns.org/4akmnYo>

TAKE ACTION! Tell Congress to Pass the Farm System Reform Act!
<https://orgcns.org/43nv0zi>

Cross-Contamination in The Kitchen: When's the Last Time You Cleaned Your Spice Jars?

An analysis by Dr. Joseph Mercola:

* Out of the estimated 48 million cases of foodborne illness that occur every year in the U.S., up to 20% may be linked to food prepared at home

* In a study commissioned by the U.S. Department of Agriculture's Food Safety and Inspection Service, about 48% of the spice containers were contaminated

* Cutting boards and trash can lids were the No. 2 and No. 3 most-contaminated objects, while the handles of sink faucets turned out to be least-contaminated

* In another study conducted in 10 U.S. kitchens, 67% of sponges tested positive for fecal coliforms, while 33% contained E. coli

* Handwashing, even for five to 8.99 seconds, significantly reduces contamination risk"

Read more: <https://orgcns.org/495DHzF>

Legal Action Could End Use of Toxic Sewage Sludge on US Crops as Fertilizer

Tom Perkins writes for The Guardian:

"New legal action could put an end to the practice of spreading toxic sewage sludge on US cropland as a cheap alternative to fertilizer, and force America to rethink how it disposes of its industrial and human waste.

A notice of intent to sue federal regulators charges they have failed to address dangerous levels of PFAS "forever chemicals" known to be in virtually all sludge.

The action comes as sludge has contaminated farmland across the country, sickening farmers, killing livestock, polluting drinking water, contaminating meat sold to the public, tainting crops and destroying farmers' livelihoods."

Read more: <https://orgcns.org/3vhfxEr>

Mexico Smacks US Over GM Corn and Glyphosate

Carey Gillam reports in UnSpun:

"Mexico has legitimate concerns about the safety and innocuousness of genetically modified corn... and its indissoluble relationship with its technological package that includes glyphosate,' the government's report states. Mexico cites the 'use of dangerous pesticides' as a factor causing 'serious health effects.'

There is 'clear scientific evidence of the of the harmful effects of direct consumption of GM corn grain in corn flour, dough, tortilla and related products,'" Mexico states. More evidence is needed, Mexico says, to determine "whether and to what extent, such risks are transmitted to food products further downstream..."

Read more: <https://orgcns.org/3Vr0geD>

Frankenfoods v2: Exploiting the Bioequivalence Principle

Report by ANH-USA:

"Powerful forces are trying to shift our food system away from the soil-based farming systems and towards genetically engineered, lab-grown food. We can't let them succeed.

* Bored Cow, a cow and animal free whey-containing, cultured milk, is one of a growing number of foods being produced through synthetic biology and 'precision fermentation'—the health risks of which are largely unknown.

* We're told products like Bored Cow are fine—even desirable—because they're biologically the same as their natural counterparts without the toll on the environment purportedly caused by livestock and dairy farming.

* Yet the evidence indicates that these products are far from biologically equivalent, but regulators don't seem to care."

Read more: <https://orgcns.org/4ajtzEk>

Food Forests Aren't Just Nourishing. They're Cool.

Max Graham writes for Yes! Magazine:

"Trees and edible plants are being planted at churches, schools, street corners, and empty lots across the country to provide free shade and food to all...On hot summer days, you don't just see but feel the difference. Tucson's shadeless neighborhoods, which are predominantly low income and Latino, soak up the heat. They swelter at summer temperatures that eclipse the city average by 8 degrees Fahrenheit and the Catalina Foothills by 12 degrees. That disparity can be deadly in a city that experienced 40 straight days above 100 degrees last year—heat that's sure to get worse with climate change.

The good news is there's a simple way to cool things down: plant trees. 'You're easily 10 degrees cooler stepping under the shade of a tree,' said Brad Lancaster, an urban forester in Tucson. 'It's dramatically cooler.'"

Read more: <https://orgcns.org/48ZAv0V>

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