Newly Updated State Pollinator Friendly Native Plant Lists
The Xerces Society writes:
“You can help pollinators significantly by growing a diversity of native plants in your space. Our regional native plant lists, though not exhaustive, highlight species that have been shown to provide a number of benefits to a diversity of pollinators. These native plants can be grown across rural and urban landscapes to create new pollinator habitat or to enhance existing habitat.”
Read more: https://orgcns.org/3oha2Iq

Lab-Grown Meat Up To 25 Times Worse For The Environment Than Beef
Ben Taub writes for IFL Science:
“Growing burgers and steaks from cultured cells may be seen as the future of the meat industry, but a new analysis indicates that the mass-production of lab-grown meat using current technologies could be considerably worse for the environment than real beef. At present, animal cell-based meat (ACBM) is only produced at a very small scale and at an economic loss, although the as yet un-peer-reviewed study suggests that scaling up the process could release between four and 25 times more emissions than the global beef industry.”
Read more: https://orgcns.org/3ME4pBx

ChatGPT and the Future of Propaganda
Analysis by Dr. Joseph Mercola:
“I’ve often marveled at the effectiveness of modern propaganda. Part of what makes it so effective is the availability of technology, from social media and search engines to large language model artificial intelligence. OpenAI’s ChatGPT has taken the world by storm and companies across a range of industries are already talking about replacing large numbers of white collar workers with AI.
This, even though there are serious problems with this technology. For example, we’re finding chatbots have a tendency to lie and fantasize. Researchers are calling these instances “hallucinations.” Basically, the AI is concocting a fantasy based on the information available and reciting it as fact. And that’s in addition to the bias that can be built in by programmers. So, while it’s an incredibly exciting technology, we cannot be naïve about its risks.”
Read more: https://orgcns.org/3WivAar

Without Farmers at the Center, Regenerative Agriculture Will Be a Slogan Not a Solution
Sara Farley writes for Food Tank: “...to unleash the potential of regenerative agriculture, farmers, Indigenous Peoples and other land stewards must be front and center in articulating a vision and setting direction for regenerative agriculture.”
Read more: https://orgcns.org/3Mc84Lc

Government Censorship of Natural Health Products on the Rise
From ANH-USA: “Once again, the government is trying to limit access to the information we have about the benefits of natural products. The FTC sent letters to 670 companies, including those selling dietary supplements, homeopathic products, and functional foods, warning them that if they make claims without proper scientific substantiation, they will face large civil penalties—up to $50,120 per violation. This unprecedented move is a warning shot to the natural health industry signaling that we’re entering a new era of enforcement in which the government will be even more aggressive than it has been in censoring speech about the benefits of natural products. We must push back.”
Read more and take action: https://orgcns.org/42MGLhF

Outdoor Brands Phase Out PFAS, “Forever Chemicals,” Ahead of State Bans
Tatum McConnell for Environmental Health News writes: “The outdoor footwear company KEEN made a discovery about their shoes in 2014: they were rife with stain- and water-resistant chemicals known to harm human health called PFAS, also known as “forever chemicals.” ...The company started by asking suppliers to stop using unnecessary PFAS, which removed about 65% of this type of chemicals in their products. It took four years for KEEN to phase out PFAS in all products, through finding and testing chemical water-proofing alternatives. Now apparel companies will need to follow KEEN’s example to comply with upcoming bans on PFAS in consumer products, including outdoor clothing, passed in at least three U.S. states.”
Read more: https://orgcns.org/41lKuR

Ditch Your Spade, Forget Fertilizer, Listen to the Weeds
The Guardian reports: “Talking of weeds, it’s time we ditched the word altogether. Even the Chelsea flower show is rebranding weeds as “hero plants”. Perhaps we can talk of them as common folk or elders (they’ve been around a lot longer than us), because every weed in your garden is trying to tell you something very important...Dandelions are saying your soil is a little compact, low on surface nutrients, particularly calcium and potassium; nettles tell you there is too much surface nitrogen (not as good as it sounds)... Brambles tend to proliferate where there is excessive nitrogen, but the land has been left alone so they can take better hold. There is some evidence, though, that they have a potential role in the natural regeneration of tree seedlings: deer won’t browse in the middle of a bramble thicket and in a woodland this means the tree seedlings won’t get nibbled, while the mycorrhizal fungi will tap into the woodland network to boost the seedlings with enough growth to make it up and out of the thicket.”
Read more: https://orgcns.org/42MHHtd