



## Top 10 Reasons to Label Genetically Engineered Food

Ask Your Congresspersons to Cosponsor HR 5577, Representative Kucinich's Genetically Engineered Food Right to Know Act.

**10** Almost all non-organic processed food or animal products in the U.S. today contain ingredients that come from genetically engineered crops or from animals given genetically engineered feed, vaccines or growth hormones.

**9** Genetically engineered foods have not been tested to determine whether they are safe for human consumption.

**8** Genetically engineered foods ARE different from conventional and organic foods.

**7** A single serving of genetically engineered soy can result in "horizontal gene transfer," where the bacteria in the human gut adopts the soy's DNA.

**6** Animals fed genetically engineered feed ARE different from animals fed conventional and organic feed.

**5** The third generation of hamsters fed genetically engineered soy suffered slower growth, a high mortality rate, and a bizarre birth defect: fur growing in their mouths. Many also lost the ability to have pups.

**4** The more genetically engineered corn fed to mice, the fewer babies they had and the smaller the babies were.

**3** Biotech's scattershot technique of spraying plant cells with a buckshot of foreign genes that hit chromosomes in random spots would trigger the expression of new allergens and change the character of plant proteins.

**2** Scientists reviewing data from Monsanto's own studies "have proven that genetically engineered foods are neither sufficiently healthy or proper to be commercialized."

**1** The Convention on Biodiversity recognizes that genetic engineering is a threat to amount and variety of life on the planet.

Take Action: [www.is.gd/echsl](http://www.is.gd/echsl)

## Videos of the Week

Presenting: *The Story of Cosmetics Film* and *The Safe Cosmetics Act of 2010*

What's really going on in your body? Watch and share this film and tell Congress it's time for safe cosmetics!

What are all those chemicals in your shampoo? Your lipstick? Your aftershave? And what do they have to do with asthma, breast cancer and learning disabilities?

Learn, share and help change this toxic mess! Watch *The Story of Cosmetics*, a 7-minute film exposing the ugly truth about personal care products, brought to you by the Campaign for Safe Cosmetics, Annie Leonard's Story of Stuff Project, and Free Range Studios. This video is just in time to build momentum for ground-breaking safe cosmetics legislation - the Safe Cosmetics Act of 2010! For the first time in 70 years, we have a real chance to pass a bill that would eliminate chemicals linked to cancer, birth defects and other health problems from the products women, men and children put on their bodies every day. This bill also includes important provisions for the use of manufactured nanomaterials in cosmetics and personal care products.

Thanks for watching and sharing *The Story of Cosmetics* and for asking Congress to get behind safe cosmetics legislation. Together, we're going to make sure cosmetics are safe for everyone. [organicconsumers.org/bodycare/](http://organicconsumers.org/bodycare/)

**Pig Business**  
Pig Business, exposes industrial hog farming, with a focus on Smithfield, the largest factory farm hog producer in the world. [freedocumentaries.org](http://freedocumentaries.org)

**The World According to Monsanto**  
FreeDocumentaries.org offers thought-provoking, educational, and entertaining documentaries to anyone with an internet connection. One of the many great documentaries on [FreeDocumentaries.org](http://FreeDocumentaries.org) is *The World According to Monsanto*. If you've never seen it, it's a must. Please check it out.

**Please Donate**

**OCA Needs Your Help to Fight Monsanto and Spread the Organic Revolution**  
OCA and our growing network of organic consumers and farmers understand that we have a positive life-affirming solution for the global food, health, and climate crisis: organic food, farming, and ranching. But to fight Monsanto and Big Food and get out our all-important message we need your support. Please send us a tax-deductible donation today and we'll send you a free

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## Quote of the Week

"Pesticides are war chemicals that kill—every year 220,000 people are killed by pesticides worldwide"

"We are witnessing a massive corporate genocide - the killing of people for super profits. To maintain these super profits, lies are told about how, without pesticides and genetically modified organisms (GMOs), there will be no food. In fact, the conclusions of International Assessment of Agricultural Science and Technology for Development, undertaken by the United Nations, shows that ecologically organic agriculture produces more food and better food at lower cost than either chemical agriculture or GMOs."

- Excerpt from Vandana Shiva's "The Killing Fields Of Multi-National Corporations",  
*The Asian Age*, July 14, 2010

"Millions Against Monsanto" bumper sticker so you can help spread the word in your community. Please be sure to put 'sticker' in the comments field of your donation.

This week any donation \$100 and over will get a free Millions Against Monsanto 100% organic and fair trade t-shirt. Please specify your interest and size in the comments field. Help OCA and spread the word about the Millions Against Monsanto Campaign!

Please Donate: [organicconsumers.org/donations.cfm](http://organicconsumers.org/donations.cfm)