

ARE YOU EATING GENETICALLY ENGINEERED FOODS?



CONSUMER WARNING

If you are concerned about genetically engineered foods in your shopping cart, you better act now! Here are some things you should know before you buy any foods or beverages from your local grocery store.

Hundreds of Americans have reported allergic reactions to the FDA after eating Kraft and other brand name corn products likely containing genetically engineered (GE) ingredients.

Lab tests and industry disclosures indicate that 60-75% of all non-organic supermarket foods now "test positive" for the presence of GE ingredients.

Despite growing public concern over the safety of milk and dairy products from cows injected with recombinant Bovine Growth Hormone (rBGH), as well as human health and environmental concerns over GE corn, soy, canola, and cotton, the US government refuses to require safety-testing or labeling for GE foods. As a result, Europe, Japan, and other nations are now refusing to buy many US food exports.

The British Medical Association has called for a global moratorium or ban on GE foods, while the New England Journal of Medicine has warned, "the allergenic potential of these newly introduced microbial proteins is uncertain, unpredictable, and untestable." Scientists warn that GE foods may set off allergies, increase cancer risks, produce antibiotic-resistant pathogens, damage food quality, and produce dangerous toxins.

Environmental hazards of GE crops include: increased use of toxic pesticides, damage to soil fertility, genetic pollution of adjoining farmlands, harm to Monarch butterflies and beneficial insects such as ladybugs, and the creation of "superpests," "superweeds," and virulent new plant viruses.

Consumer polls show that 80-95% of Americans want GE foods to be labeled-mainly so that we can avoid buying them. Three dozen members of Congress recently co-sponsored a bill (HR 4814) for mandatory labeling of GE foods. For more information, see www.organicconsumers.org/gefood/kucinich052302.cfm

**Turn this leaflet over for
grassroots action guidelines.**

What you can do today to avoid genetically engineered foods

CALL

The management of your local grocery store and ask them if they will be removing GE ingredients from their store brand products. If they refuse tell them you will stop shopping at their store.

JOIN

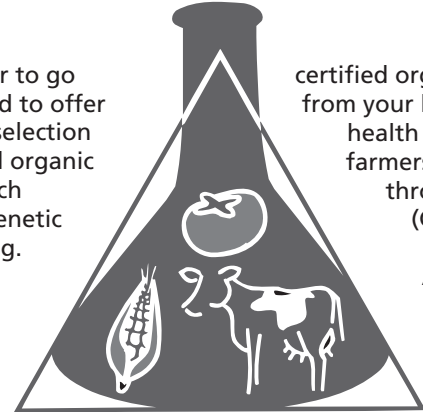
the Organic Consumers Association and volunteer to help organize opposition to GE foods in your community. Keep informed on GE food and food safety issues at our web site: www.organicconsumers.org

TELL

your grocer to go GE-free and to offer a full-line selection of certified organic foods, which prohibit Genetic Engineering.

BUY

certified organic foods from your local co-op, health food store, farmers market or through a CSA (Community Supported Agriculture program).



GENETICALLY ENGINEERED FOODS

STOP THE EXPERIMENT!

TAKE ACTION TODAY!

Call, Fax or E-mail (via their websites) the seven companies listed below. Tell them you will not purchase their foods or beverages unless they can provide you with written assurance that their products do not contain genetically engineered ingredients.

	Phone	Fax
Safeway www.safeway.com	800-723-3929	925-467-2005
Shaw's www.shaws.com	888-431-7429	508-313-3111
Kraft www.kraftfoods.com	800-543-5335	570-301-5275
Starbucks www.starbucks.com	800-235-2883	206-447-3432
Publix www.publix.com	800-242-1227 863-688-7407 ext 32780	863-284-5532
Food Lion www.safeway.com	800-210-9569 or 704-633-8250	704-636-5024
Wal-Mart www.walmart.com	800-925-6278	

For more information or to get further involved:

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